

# Metro All-Star Team

# Mile High All-Star Team

Number/Name	Position	High School	Height	Weight	40yd	Shuttle	Vertical
1 Devin Murphy	RB	Eaglecrest					
2 Demetrius McDondle	RB	Columbine	5'8	160	4.6	4.69	26 3/4"
2 Marquise Coleman	WR	Eaglecrest					
2 Jamal McIntosh	DB	Denver East					
2 Drake Franklin	DB	George Washington					
3 Aaron Lathan	LB	Denver East	6'0	160	5.15	4.75	30"
4 Chris Quintana	QB	Sierra	5'10	150	5.30	4.59	22 1/4"
4 Ryan Delay	WR/DB	Brighton	5'11	160	4.78	4.29	24 3/4"
5 Demaje Roper	WR	Eaglecrest					
8 Justin Holden	WR	Denver East	6'2	165	5.15	4.75	26"
9 Matt Randall	K	Brighton	5'9	165	n/a	n/a	22 1/4"
9 Richard Hicks	LB	Denver East	5'10	175	4.7	5.19	25"
10 Parnell Anderson	WR	Denver East					
10 Taylor Schmidt	QB	Arapahoe	6'2	185	4.76	4.22	27"
15 Kadeem Hendrix/Wilcox	QB	Denver East	6'2	184	5.3	4.66	22"
26 Isaiah Hendrix/Wilcox	RB	Denver East	5'11	170	4.9	4.67	28 1/4"
28 Nasheed Robison	DB	T. Jefferson	5'8	150	4.6	4.31	27 1/2"
32 Darius Smith	LB	Montbello	5'10	230	5.4	5.05	24 1/4"
34 Dana Smith	RB	Denver East	5'8	190	4.9	4.32	27"
42 William Carter	DB	T. Jefferson	5'8	150	4.6	4.4	34"
44 Marcus Harris	DL	Denver East	5'7	255	5.8	5.1	27 1/2"
50 Michael Waddy	DL	Denver East					
52 Slyvon Gibson	OL/DL	Denver South					
53 Lexington Smith	OL/DL	Denver East	6'4	280	5.32	5.8	27 1/2"
72 Jacob Mann	OL/DL	Denver East					
75 Luis Minjarez	OL	Manual	6'1	290	n/a	n/a	16 1/2"
75 Angel Villa	OL/DL	Harrison	5'9	225	5.1	4.8	21"
77 Rodney Holland	OL/DL	Gateway	6'2	270			
92 Richard Obi	DL	Montbello					

## Captains

Taylor Schmidt	Arapahoe
Lexington Smith	Denver East
Ryan Delay	Brighton
Darius Smith	Montbello

## Coaches

Joel Burrell	Head Coach/O-Line/D-Line/Defensive Coordinator
Narcy Jackson	Offensive Coordinator
Greg Brit	Linebackers
RJ Ferrari	Defensive Backs
Damian Harrell	Receivers
Palika Houston	QB & Running Backs

Number/Name	Position	High School	Height	Weight	40yd	Shuttle	Vertical
00 Dijon Jackson	DL	Montbello					
1 Latha Grant	RB/WR	Manual					
1 Zach Jackson	QB	T. Jefferson	6'4	180	4.9	4.66	29 3/4"
1 Carter Thompson	WR	Denver East	5'7	150	4.9	4.4	24 1/4"
3 Phil Romero	RB	Columbine					
4 Jaylen Noble	WR	Montbello	6'1	160	4.8	4.7	31 3/4"
5 Tre Taylor	RB	Sierra	5'7	150	4.7	4.38	29 3/4"
5 Roderick Taylor	WR/DE	Montbello	6'4	215	5.0	5.4	27 3/4"
5 River Thompson	DB	East	5'8	150	4.8	4.3	35"
6 Noel Cardoza	LB	Montbello	5'9	150	5.0	4.34	31 1/4"
7 Skyler Shearer	QB	Eaglecrest	6'3	170	4.8	n/a	25 3/4"
8 Aaron Welch	DB	Brighton	5'7	150	4.87	4.4	23"
9 Matt Randall	K	Brighton	5'9	165	n/a	n/a	22 1/4"
12 Christopher Sterling	WR/DB	Sierra	5'9	160	5.04	4.3	28 1/4"
15 Brett Wright	WR	Silver Creek					
21 Tyler Burrell	DB	Denver East					
29 Jodeci Slaughter	LB	Denver East	5'7	180	5.0	4.7	26 1/4"
35 Jaimie Redd	RB	T. Jefferson	5'11	180	4.5	4.58	29 1/2"
39 Issac Scott	FB/DL	Denver East	5'8	230	5.0	4.58	26"
40 Carlos Gonzales	FB/LB	Harrison	5'6	180	5.1	4.94	23 1/2"
42 Kyle Trinidad	RB	Kennedy	5'8	160	4.8	4.79	28 1/2"
43 Ohshae Warren	LB	Denver East	5'11	200	5.1	4.88	20"
52 Brandon Tara	DE/P	T. Jefferson	6'3	190	4.93	4.66	22 3/4"
56 Trevon Warren	OL	Denver East	5'8	230	5.39	5.0	21"
59 Earnest Bean	OL	Denver East					
66 Kellen Krenz	OL	Holy Family	6'4	290			
75 BJ Warrior	DL	George Washington					
77 Marcus Pinillo	OL/DL	Denver East					

## Captains

Skyler Shearer	Eaglecrest
Zach Jackson	T. Jefferson
Kellen Krenz	Holy Family
Roderick Taylor	Montbello

## Coaches

Damon Jackson	Head Coach/Defensive Coordinator/D-Line
Floyd Johnson	Offensive Coordinator/O-Line
Michael Bass	Defensive Backs
Tawrence White	Linebackers
Dean Walker	Asst Linebackers
Chad Nintze	Recievers
Darnell Brooks	Running Backs
Romail Gordon	QB's
Isaiah Deets	Asst O-Line/D-Line



## Featured players:

Denver East, 6 "4", 265 pound Central Metro All Conference 1st team Lexington Smith (DE & OL).

Montbello, 6 "2", Central Metro All Conference 1st team Roderick Taylor (WR).

Thomas Jefferson, Central Metro All Conference 1st team Nasheed Robison (DB).

Columbine, Big 8, All Conference 2nd team Demetrius McDondle (RB).

Denver East, Central Metro All Conference 2nd team River Thompson (DB).

Thomas Jefferson, Central Metro All Conference 2nd team Zach Jackson (QB).

Holy Family, 6'4, 290 pounds , Kellen Krenz, Flat Irons League (OL).

Denver East, Central Metro All Conference 2nd team Parnell Anderson (WR).

Isaiah Hendrix (RB/LB) and Marcus Harris (NG) and many more student athletes from Denver East, sophomore and Central Metro All Conference honorable mention student athletes

Columbine, Eaglecrest, Valor, Denver East, TJ, Montbello, Brighton, Sierra (Colo. Springs) & more

### Student-Athlete of the Year Nominees (Highest GPA)

Zach Jackson- Thomas Jefferson HS

Aaron Welch- Brighton HS

Matt Randall- Brighton HS

Christopher Sterling- Sierra HS

Ohshae Warren- Denver East HS

Brandon Tara- Thomas Jefferson HS

Demetrius McDondle- Columbine HS

Taylor Schmidt- Arapahoe HS

Nasheed Robison- Thomas Jefferson HS

Darius Smith- Montbello HS

William Carter- Thomas Jefferson HS

The month of March 2010 we will have a **Student Athlete College Prep Workshop**. This workshop is in response to a need to educate prospective **NCAA STUDENT ATHLETES** about what it takes to get into college and/or get a scholarship offer. Most parents and children are unaware of **NCAA clearing house eligibility requirements**. This workshop will teach young student athletes how to manage academics and athletics, how to market players and utilizing sports college scouting combines & resumes (what services to use and not use), sport specific clinics and workshops available and healthy living (life choices).

For more details visit us at [www.athleticsandbeyond.com](http://www.athleticsandbeyond.com)

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# Colorado High School Football Showcase Game

## Denver East High School

1600 City Park Esplanade  
Denver, Colorado 80205

Game Kickoff  
12:00 pm

**SATURDAY, DECEMBER 12, 2009**